

A man with dark hair, wearing a white button-down shirt, is shown from the chest up, kneeling or sitting on the edge of a bed. His eyes are closed, and his hands are clasped together in a prayer position over the head of a person lying in bed. The person in bed is wearing glasses and is partially covered by a patterned blanket. The background is a dark, reddish-purple wall with a subtle floral pattern. The lighting is soft and focused on the man's face and hands.

***The World's Strongest Man***

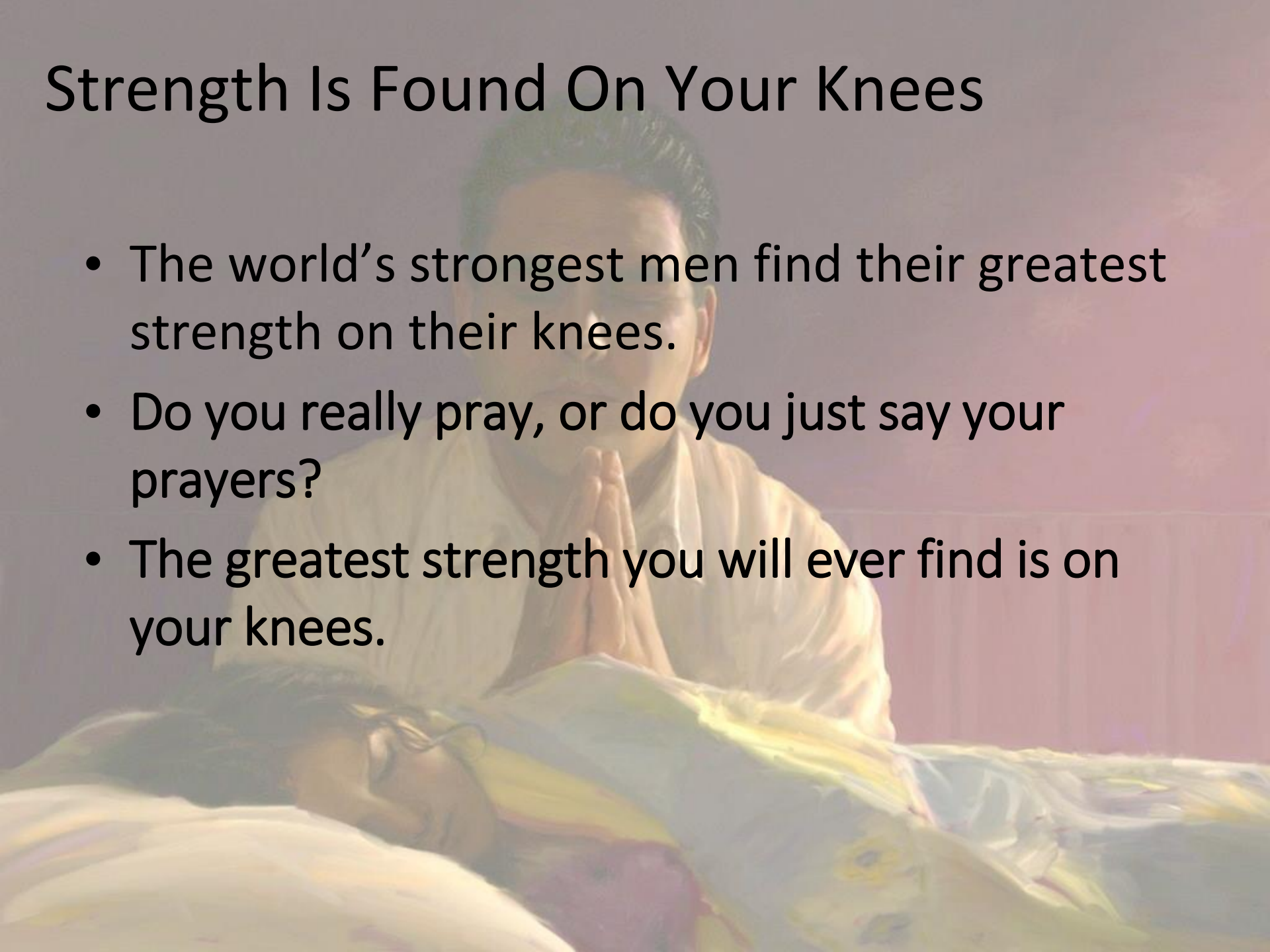
Psalm 32

# The World's Strongest Men Admit Their Weakness For Sin

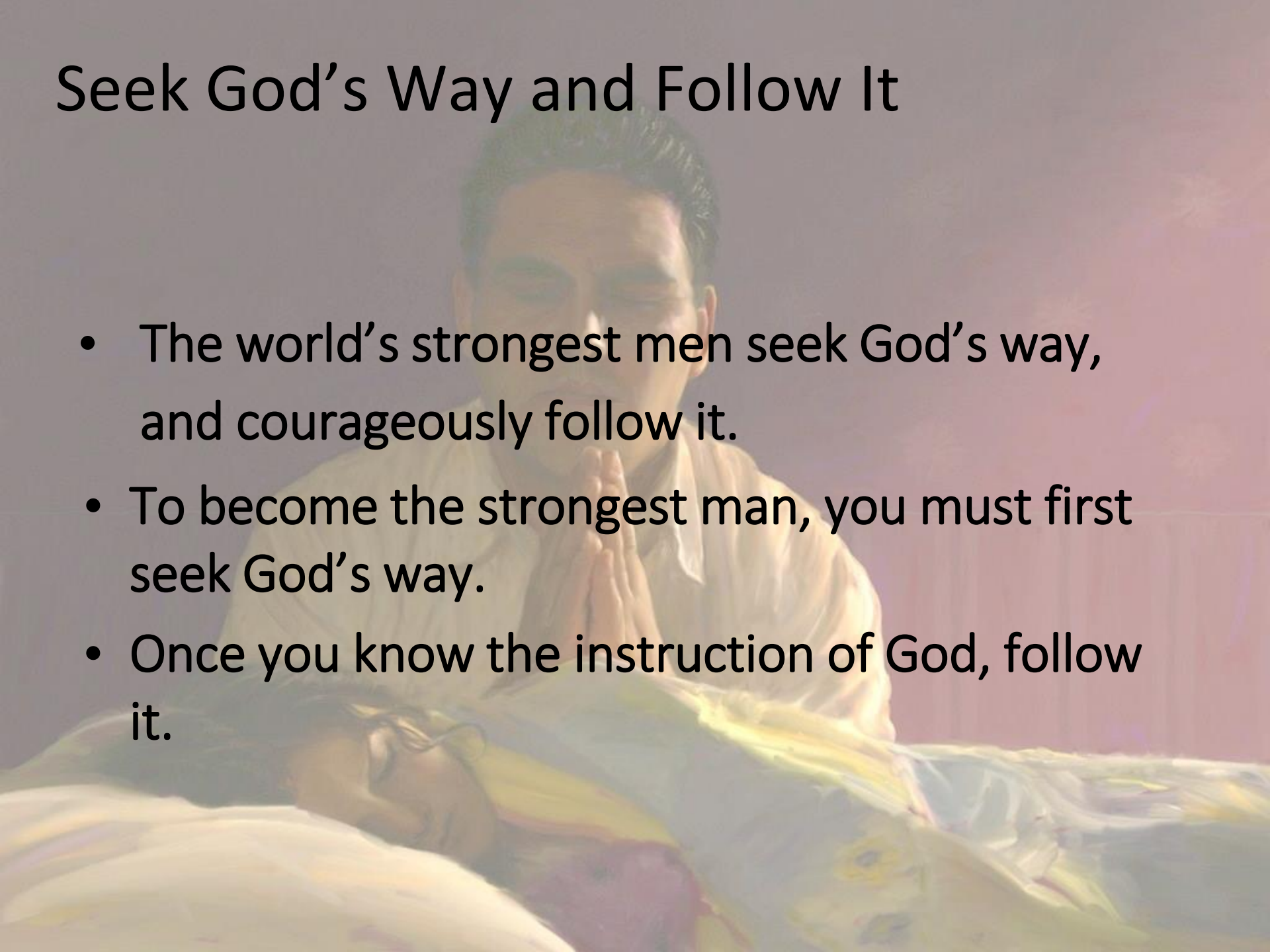
- If you are going to be one of God's strongest men, you must start with the recognition of sin.
- We recognize sin by confession.
- It was not the sun that made David weak; it was his sin.
- Admit your weakness in a Biblical way.

# Strength Is Found On Your Knees

- The world's strongest men find their greatest strength on their knees.
- Do you really pray, or do you just say your prayers?
- The greatest strength you will ever find is on your knees.



# Seek God's Way and Follow It

A man in a white shirt is shown from the chest up, sitting at a desk. He has his eyes closed and his hands clasped together in a prayerful gesture. In front of him is a laptop computer. The background is a soft, out-of-focus light blue and white. The overall mood is peaceful and contemplative.

- The world's strongest men seek God's way, and courageously follow it.
- To become the strongest man, you must first seek God's way.
- Once you know the instruction of God, follow it.

# Conclusion

- To become the world's strongest man, you must:
  - Admit your weaknesses.
  - Discover the power of prayer.
  - Follow God's instructions.

